

APEX Surgical Center is owned and operated by the following organizations and surgeons at the following locations:

ONEIDA HEALTHCARE

321 Genesee Street
Oneida, New York 13421
315.363.6000

HAMILTON ORTHOPEDIC SURGERY

85 College Street
Hamilton, New York 13346

91 Perimeter Road
Rome, New York 13440

1 Oxford Road
New Hartford, New York 13413
315.824.1250

Rudolph Buckley, MD
Ivan Gowan, MD
Russell LaFrance, MD
Raymond J Meeks, MD
Michael Zahn, MD

**GENESEE ORTHOPEDICS &
PLASTIC SURGERY
ASSOCIATES, PC**

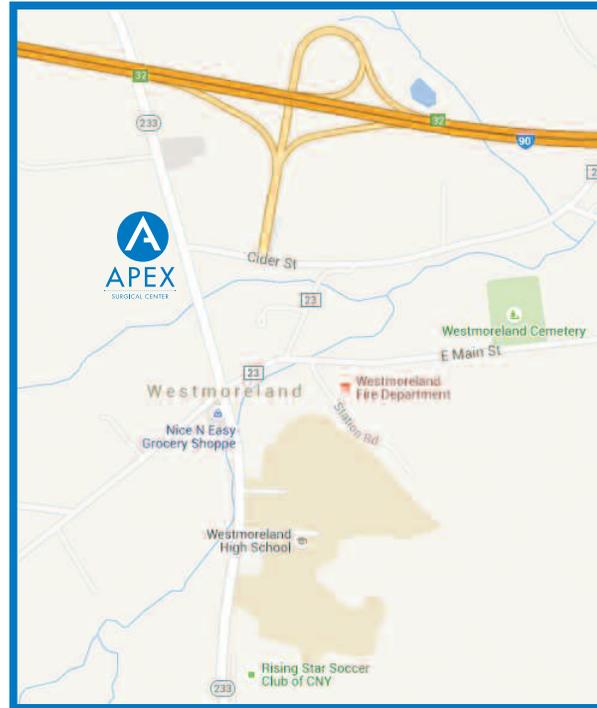
4401 Middle Settlement Road, Suite 102
New Hartford, New York 13413
315.735.4496

James Dennison, MD
Greg Orlando, MD
David Patalino, MD
Andrew Wickline, MD

SPINAL & SKELETAL PAIN MEDICINE

1508 Genesee Street
Utica, New York 13502
315.798.8737

Nameer Haider, MD



*Conveniently located off Exit 32 of
The New York State Thruway
on State Route 233 just
North of Westmoreland*



5325 STATE ROUTE 233
WESTMORELAND, NEW YORK 13490
315.801.5060
FAX 315.801.5061



Patient Information

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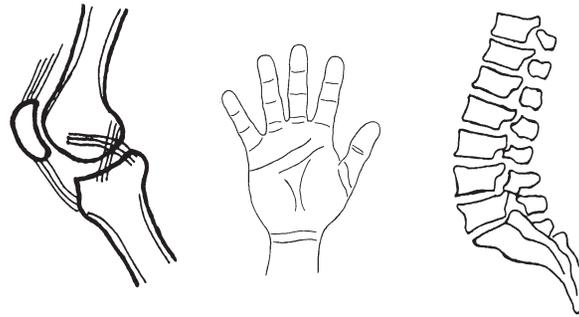
Welcome

Welcome to APEX Surgical Center. We are pleased and proud to offer the latest in orthopedic, plastics and pain management techniques by our board certified surgeons, using modern, state-of-the art equipment.

Our one-day surgery center was designed and built specifically to serve orthopedic patients that do not require an overnight stay in the hospital, even though highly technical procedures and equipment are required. We provide orthopedic and plastics services as well as pain management.

Our single-specialty staff have been trained to provide these services in an efficient and friendly manner. We will try to make the experience for you and your family as hassle-free and as pleasant as we can.

If you should discover anything that would help your experience be more convenient or comfortable, please let any of our staff know. We will do everything we can to accommodate your needs.



Before Your Surgery

Your doctor's office will schedule the date and time of your surgery. The Surgery Center may need to change the time of your scheduled procedure. Please try to keep your schedule as open as possible on the day of your surgery. Your doctor may require you to have pre-operative testing and a medical exam by your primary care physician. A nurse from the Surgery Center will contact you by phone a week or two prior to your surgery to review your health status. Be sure to tell him/her if you are taking any medication to thin your blood.

Please call the Surgery Center 315-801-5060 the day (M-F) before your surgery between 11:00 a.m. and 1:00 p.m. to get your admission time.

Routine Instructions

- Nothing to eat or drink after midnight the night before your surgery.
- Stop taking any mega-doses of vitamins or herbal medications/supplements 10 days before surgery.
- Take your prescribed medication the morning of surgery with a small sip of water as directed by the nurse during your pre-operative phone call.
- This is a great time to quit smoking; recovery and healing will be improved.

The Day of Surgery

- You may not drive a car or operate machinery for 24 hours after surgery.
- You need a ride home - both for the ride and for the company, with a responsible adult. (18 years or older)
- Most people find loose fitting clothing is the best.
- Leave all your valuables at home, including jewelry. All rings & piercings should be removed. **NO METAL JEWELRY IS ALLOWED.**
- Leave your contacts at home - bring glasses and a case.
- Bring your health insurance I.D. cards with you, both primary and secondary.
- Bring a copy of any healthcare proxies, or advanced directives with you.
- Parking at the surgery center is free. You can be dropped off at the front door (under cover) if you wish.
- Bring a valid driver's license or form of I.D.

Payment

We participate with most insurance companies and will file claims for you. Your surgery will most likely require services from not only Apex Surgical Center, but Uptown Anesthesia and possibly Oneida Healthcare Laboratory. You will be responsible for all co-pays and any charges that are not covered by your insurance. ~~Deductibles and co-pays due to Apex Surgical are expected on the day of surgery.~~